

Resources for Discussion & Action

The following resources are from a variety of perspectives—Christian and secular, traditional and progressive, racial and ethnic. Books by Anabaptist authors are marked with an asterisk (*).



General Resources

Arnold, Patrick M. 1991. *Wildmen, Warriors, and Kings: Masculine Spirituality and the Bible*. Crossroad.

Batterson, Mark. 2017. *Play the Man: Becoming the Man God Created You to Be*. Baker.

Bly, Robert. 2004. *Iron John: A Book about Men*. Da Capo.

Brandt, Gareth. 2009. *Under Construction: Reframing Men's Spirituality*. Herald.*

Dalbey, Gordon. 2003. *Healing the Masculine Soul: How God Restores Men to Real Manhood*. W Publishing Group.

Flores, Edward. 2013. *God's Gangs: Barrio Ministry, Masculinity, and Gang Recovery*. New York University Press.

Gonzalez, Ray, ed. 1996. *Muy Macho: Latino Men Confront Their Manhood*. Doubleday.

Groff, Kent Ira. 1999. *Journeymen: A Spiritual Guide for Men (and Women Who Want to Understand Them)*. Upper Room.

Hicks, Robert. 1991. *Uneasy Manhood: The Quest for Self-Understanding*. Oliver-Nelson.

Hicks, Robert. 1993. *The Masculine Journey: Understanding the Six Stages of Manhood*. NavPress.

hooks, bell. 2004. *The Will to Change: Men, Masculinity, and Love*. Atria.

Hurtado, Aída, and Mrinal Sinha, eds. 2016. *Beyond Machismo: Intersectional Latino Masculinities*. University of Texas Press.

Jones, Terry. 2001. *The Elder Within: The Source of Mature Masculinity*. BookPartners.

* Books by Anabaptist authors

- Judy, Dwight H. 1992. *Healing the Male Soul: Christianity and the Mythic Journey*. Crossroad.
- Keen, Sam. 1991. *Fire in the Belly: On Being a Man*. Bantam.
- Kimmel, Michael A. 2017. *Manhood in America*. Oxford University Press.
- Kimmel, Michael A., and Michael A. Messner, eds. 2018. *Men's Lives*. Allyn & Bacon.
- Levant, Ronald F., and Shana Pryor. 2020. *The Tough Standard: The Hard Truths about Masculinity and Violence*. Oxford University Press.
- Levant, Ronald F., and Y. Joel Wong, eds. 2017. *The Psychology of Men and Masculinities*. American Psychological Association.
- Lipsett-Rivera, Sonya. 2019. *The Origins of Macho: Men and Masculinity in Colonial Mexico*. University of New Mexico Press.
- Majors, Richard, and Janet Mancini Billson. 1992. *Cool Pose: The Dilemmas of Black Manhood in America*. Touchstone.
- Mirande, Alfredo. 2019. *Hombres Y Machos: Masculinity and Latino Culture*. Routledge.
- Moore, Robert, and Douglas Gillette. 1991. *King, Warrior, Magician, Lover: Rediscovering the Archetypes of the Mature Masculine*. HarperCollins.
- Morley, Patrick M. 2014. *The Man in the Mirror: Solving the 24 Problems Men Face*. Zondervan.
- Nelson, James B. 1988. *The Intimate Connection: Male Sexuality, Masculine Spirituality*. Westminster.
- Neufeld, Don, and Steve Thomas, eds. 2019. *Peaceful at Heart: Anabaptist Reflections on Healthy Masculinity*. Institute of Mennonite Studies and Wipf & Stock.*
- Palmer, Parker J. 2000. *Let Your Life Speak: Listening for the Voice of Vocation*. Jossey-Bass.
- Pittman, Frank S. 1993. *Man Enough: Fathers, Sons, and the Search for Masculinity*. Perigree.
- Porter, Tony. 2020. *Breaking Out of the "Man Box": The Next Generation of Manhood*. W. W. Norton.
- Powell, Kevin. 2008. *The Black Male Handbook: A Blueprint for Life*. Atria.
- Ramirez de León, Antonio. 2014. *The Man: Reflections on Male Spirituality and Identity*. Liguori.
- Ramírez, Rafael L. 1999. *What It Means to Be a Man: Reflections on Puerto Rican Masculinity*. Translated by Rosa E. Casper. Rutgers University Press.
- Rohr, Richard. 2005a. *Adam's Return: The Five Promises of Male Initiation*. Crossroad.
- Rohr, Richard. 2005b. *From Wild Man to Wise Man: Reflections on Male Spirituality*. St. Anthony Messenger.
- Rohr, Richard. 2010. *On the Threshold of Transformations: Daily Meditations for Men*. Loyola.
- Smith, Stephen W., ed. 2006. *The Transformation of a Man's Heart*. IVP.
- Whyte III, Daniel. 2010. *Letters to Young Black Men: Advice and Encouragement for a Difficult Journey*. Torch Legacy.

* Books by Anabaptist authors

Topical Resources

Addictions

- Alcoholics Anonymous. 2001. *Alcoholics Anonymous*. Alcoholics Anonymous World Services.
- Anonymous. 2010. *Hope and Recovery: A Twelve Step Guide for Healing from Compulsive Sexual Behavior*. Hazelden.
- Baker, John. 2016. *Celebrate Recovery Participant's Guide Set: A Recovery Program Based on Eight Principles from the Beatitudes*. Zondervan.
- Carnes, Patrick J. 2012. *A Gentle Path through the Twelve Steps: The Classic Guide for All People in the Process of Recovery*. Hazelden.
- Laaser, Mark R. 1996. *Faithful and True: Sexual Integrity in a Fallen World*. Lifeway.
- Laaser, Mark R. 2004. *Healing the Wounds of Sexual Addiction*. Zondervan.
- May, Gerald G. 2007. *Addiction and Grace: Love and Spirituality in the Healing of Addictions*. HarperOne.
- Mate, Gabor. 2012. *In the Realm of Hungry Ghosts: Close Encounters with Addiction*. Vintage Canada.
- Rohr, Richard. 2011. *Breathing Under Water: Spirituality and the Twelve Steps*. Franciscan.

Archetypes

- Arnold, Patrick M. 1991. *Wildmen, Warriors, and Kings: Masculine Spirituality and the Bible*. Crossroad.
- Moore, Robert, and Douglas Gillette. 1991. *King, Warrior, Magician, Lover: Rediscovering the Archetypes of the Mature Masculine*. HarperOne. (Moore and Gillette also have book-length treatments of the king, warrior, magician, and lover archetypes.)

Anger

- Dansiger, Stephen. 2018. *Mindfulness for Anger Management: Transformative Skills for Overcoming Anger and Managing Powerful Emotions*. Althea.
- Karmin, Aaron. 2016. *Anger Management Workbook for Men: Take Control of Your Anger and Master Your Emotions*. Althea.
- Lester, Andrew D. 2003. *The Angry Christian: A Theology for Care and Counseling*. Westminster John Knox.
- Liptak, John J., and Ester A. Leutenberg. 2008. *The Anger & Aggression Workbook: [Reproducible] Self-Assessments, Exercises and Educational Handouts*. Mental Health & Life Skills Workbook Series.
- Middelton-Moz, Jane. 1999. *Boiling Point: Dealing with the Anger in our Lives*. Health Communications.
- Middelton-Moz, Jane, Lisa Tener, and Peaco Todd. 2003. *Good and Mad: Transform Anger Using Mind, Body, Soul and Humor*. Health Communications.
- Nay, W. Robert. 2014. *The Anger Management Workbook: Use the STOP Method to Replace Destructive Responses with Constructive Behavior*. Guilford.
- Rosenberg, Marshall B. 2005. *The Surprising Purpose of Anger: Beyond Anger Management: Finding the Gift*. PuddleDancer.

Conflict

- Armster, Michelle E., and Lorraine Stutzman Amstutz, eds. 2008. *Conflict Transformation and Restorative Justice Manual: Foundations and Skills for Mediation and Facilitation*. Mennonite Central Committee Office on Justice and Peacebuilding.*
- Kraybill, Ron. 2005. *Style Matters: The Kraybill Conflict Style Inventory*. Riverhouse ePress.*
- Neufeld Redekop, Vern. 2002. *From Violence to Blessing: How an Understanding of Deep-Rooted Conflict Can Open Paths to Reconciliation*. Novalis.
- Rosenberg, Marshall B. 2005. *Nonviolent Communication: A Language of Life*. PuddleDancer.
- Rosenberg, Marshall B. 2012. *Living Nonviolent Communication: Practical Tools to Connect and Communicate Skillfully in Every Situation*. Sounds True.
- Schrock-Shenk, Carolyn. 1999. *Making Peace with Conflict: Practical Skills for Conflict Transformation*. Herald.*

* Books by Anabaptist authors

Environment

Antal, Jim. 2018. *Climate Church, Climate World: How People of Faith Must Work for Change*. Rowman & Littlefield.

Bauckham, Richard. 2010. *The Bible and Ecology: Rediscovering the Community of Creation*. Baylor University Press.

Dear, John. 2018. *They Will Inherit the Earth: Peace and Nonviolence in a Time of Climate Change*. Maryknoll.

Greer, John Michael. 2013. *Green Wizardry: Conservation, Solar Power, Organic Gardening, and Other Hands-On Skills from the Appropriate Tech Toolkit*. New Society. (A pragmatic, “appropriate technology” approach to everyday life)[†]

Hosenfeld, Charlene. 2009. *Eco Faith: Creating and Sustaining Green Congregations*. Pilgrim.

Kimmerer, Robin Wall. 2015. *Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge, and the Teachings of Plants*. Milkweed Editions.

McDonough, William, and Michael Braungart. 2013. *The Upcycle: Beyond Sustainability—Designing for Abundance*. Northpoint. (A holistic, design-based approach to societal problem-solving)

Myers, Ched, ed. 2016. *Watershed Discipleship: Reinhabiting Bioregional Faith and Practice*. Cascade.*

Orr, David W. 2004. *Earth in Mind: On Education, Environment, and the Human Prospect*. Island. (A more philosophical and pedagogical perspective)[†]

Shepard, Mark. 2013. *Restoration Agriculture*. Acres. (A perspective on how agriculture can rebuild ecosystems, with connections to the related idea of permaculture)[†]

Tallamy, Douglas W. 2019. *Nature’s Best Hope: A New Approach to Conservation That Starts in Your Yard*. Timber.

Wynward, Todd. 2015. *Rewilding the Way: Break Free to Follow an Untamed God*. Herald.*

York, Tripp, and Andy Alexis-Baker. 2014. *A Faith Encompassing All Creation*. Wipf and Stock.

* Books by Anabaptist authors

Faith

- Augsburger, David W. 2006. *Dissident Discipleship: A Spirituality of Self-Surrender, Love of God, and Love of Neighbor*. Brazos.
- Borg, Marcus J. 2003. *The Heart of Christianity: Rediscovering a Life of Faith*. HarperCollins.
- Boyd, Gregory A., and Edward K. Boyd. 2008. *Letters from a Skeptic: A Son Wrestles with His Father's Questions about Christianity*. David C. Cook.*
- Enns, Pete. 2017. *The Sin of Certainty: Why God Desires Our Trust More Than Our "Correct" Beliefs*. HarperCollins.
- Gulley, Philip. 2010. *The Evolution of Faith: How God Is Creating a Better Christianity*. HarperOne.
- Linn, Dennis, Sheila Fabricant Linn, and Matthew Linn. 1993. *Good Goats: Healing Our Image of God*. Paulist.
- Moules, Noel. 2012. *Fingerprints of Fire . . . Footprints of Peace: A Spiritual Manifesto from a Jesus Perspective*. Circle.
- Murray, Stuart. 2010. *The Naked Anabaptist: The Bare Essentials of Radical Faith*. Herald.*
- Reimer, A. James. 2003. *The Dogmatic Imagination: The Dynamics of Christian Belief*. Herald.*
- Rohr, Richard. 2008. *Things Hidden: Scripture as Spirituality*. Franciscan Media.
- Roth, John D. 2005. *Beliefs: Mennonite Faith and Practice*. Herald.*
- Zahnd, Brian. 2017. *Sinners in the Hands of a Loving God: The Scandalous Truth of the Very Good News*. Waterbrook.

Gender

- Amstutz, Lorraine Stutzman, Jenny Castro, Erica Littlewolf, Chantelle Todman Moore, Linda Gehman Peachey, and Regina Shands Stoltzfus. 2020. *Laboring toward Wholeness: A Training on Dismantling Patriarchy*. MCUSA.
- Custis James, Carolyn. 2015. *Malestrom: Manhood Swept into the Currents of a Changing World*. Zondervan.
- Gehman Peachey, Linda. 2009. *Created Equal: Women and Men in the Image of God*. Mennonite Central Committee U.S.
- Greene, Mark. 2108. *The Little #MeToo Book for Men*. ThinkPlay.
- Heilman, Brian, Gary Barker, and Alexander Harrison. 2107. *The Man Box: A Study on Being a Young Man in the US, UK, and Mexico*. Promundo.
- Johnson, Allan. 2014. *The Gender Knot: Unraveling Our Patriarchal Legacy*. Temple.
- Katz, Jackson. 2006. *The Macho Paradox: Why Some Men Hurt Women and How All Men Can Help*. Sourcebook.

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- Kimmel, Michael S., and Michael A. Messner. 2018. *Men's Lives*. Allyn & Bacon.
- Kivel, Paul. 1992. *Men's Work: How to Stop the Violence That Tears Our Lives Apart*. Hazelden.
- Kobes Du Mez, Kristin. 2020. *Jesus and John Wayne: How White Evangelicals Corrupted a Faith and Fractured a Nation*. Liveright.
- Porter, Tony. 2020. *Breaking Out of the "Man Box": The Next Generation of Manhood*. Skyhorse.

See other selections under General Resources.

Health

- Brown, Brené. 2010. *Gifts of Imperfection: Let Go of Who You Think You're Supposed to Be and Embrace Who You Are*. Hazelden.
- Brown, Brené. 2012. *Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead*. Penguin.
- Maté, Gabor. 1999. *Scattered Minds: The Origins and Healing of Attention Deficit Disorder*. Vintage Canada.
- Maté, Gabor. 2004. *When the Body Says No: The Cost of Hidden Stress*. Vintage Canada.
- Neff, Kristin. 2011. *Self-Compassion: The Proven Power of Being Kind to Yourself*. HarperCollins.
- Real, Terrence. 1997. *I Don't Want to Talk About It: Overcoming the Secret Legacy of Male Depression*. Scribner.
- Van der Kolk, Bessel A. 2014. *The Body Keeps Score: Brain, Mind and Body in the Healing of Trauma*. Penguin.
- Whitehead, Evelyn Eaton, and James D. Whitehead. 2003. *Shadows of The Heart: A Spirituality of the Painful Emotions*. iUniverse.

Justice

- Du Mez, Kristen Kobes. 2020. *Jesus and John Wayne: How White Evangelicals Corrupted a Faith and Fractured a Nation*. Liveright.
- Friesen, Katerina, Matt Carlson, Luke Gascho, Sabrina Porter Lindquist, Mary Schertz, Grant Swanson, and Rachael Weasley, eds. 2020. *Stories of Repair: A Reparative Justice Resource toward Dismantling the Doctrine of Discovery*. Dismantling the Doctrine of Discovery Coalition.
- Heinrich, Steve. 2013. *Buffalo Shout, Salmon Cry: Conversations on Creation, Land Justice, and Life Together*. Herald.*
- Jenkins, Alan. 2009. *Becoming Ethical: A Parallel, Political Journey with Men Who Have Abused*. Russell House.

* Books by Anabaptist authors

Marshall, Chris. 2005. *The Little Book of Biblical Justice: A Fresh Approach to the Bible's Teaching on Justice*. Good Books.*

Zehr, Howard. 2015. *The Little Book of Restorative Justice*. Good Books.*

Nonviolence

Dear, John. 2013. *The Nonviolent Life*. Pace e Bene.

Kivel, Paul. 1992. *Men's Work: How to Stop the Violence That Tears Our Lives Apart*. Hazelden.

Slattery, Laura, Ken Butigan, Veronica Pelicarić, and Ken Preseton-Pile. 2013. *Engage: Exploring Nonviolent Living*. Pace e Bene.

Sprinkle, Preston M. 2021. *Nonviolence: The Revolutionary Way of Jesus*. David C. Cook.

Wink, Walter. 1992. *Engaging the Powers: Discernment and Resistance in a World of Domination*. Fortress.

Wink, Walter. 2000. *Peace Is the Way: Writings on Nonviolence from the Fellowship of Reconciliation*. Orbis.

Wink, Walter. 2003. *Jesus and Nonviolence: A Third Way*. Fortress.

Parenting

Braude, Ted. 2014. *How Boys Become Men: Transforming Dragon Spirit into Courageous Heart*. Goldenstone.

Clarke, Jean Illsley, and Connie Dawson. 1998. *Growing Up Again: Parenting Ourselves, Parenting Our Children*. Hazelden.

Kivel, Paul. 2000. *Boys Will Be Men: Raising Our Sons for Courage, Caring, and Community*. New Society.

Masarie, Kathy, Jody Bellant Scheer, and Kathy Keller Jones, eds. 2013. *Raising Our Sons: The Ultimate Parenting Guide for Healthy Boys and Strong Families*. Family Empowerment Network.

Neufeld, Gordon, and Gabor Maté. 2013. *Hold onto Your Kids: Why Parents Need to Matter More Than Peers*. Knopf Canada.

Osherson, Samuel. 2001. *Finding Our Fathers: How a Man's Life Is Shaped by His Relationship with His Father*. McGraw-Hill.

Pollack, William. 1998. *Real Boys: Rescuing Our Sons from the Myths of Boyhood*. Henry Holt.

Reiner, Andrew. 2020. *Better Boys, Better Men: The New Masculinity That Creates Greater Courage and Emotional Resiliency*. HarperOne.

* Books by Anabaptist authors

Racism

- Cone, James H. 2012. *Martin & Malcolm & America: A Dream or a Nightmare*. Orbis.
- Davis, Frania E. 2019. *The Little Book of Race and Restorative Justice: Black Lives, Healing, and US Social Transformation*. Good Books.
- DeWolf, Thomas Norman, and Jodie Geddes. 2019. *The Little Book of Racial Healing: Coming to the Table for Truth-Telling, Liberation, and Transformation*. Good Books.
- DiAngelo, Robin J. 2018. *White Fragility: Why It's So Hard for White People to Talk about Racism*. Beacon.
- Hart, Drew G. I. 2016. *Trouble I've Seen: Changing the Way the Church Views Racism*. Herald.*
- Hart, Drew G. I. 2020. *Who Will Be a Witness: Igniting Activism for God's Justice, Love, and Deliverance*. Herald.*
- Irving, Debby. 2014. *Waking Up White, and Finding Myself in the Story of Race*. Elephant Room.
- Johnson, Allan G. 2006. *Privilege, Power, and Difference*. McGraw-Hill.
- Kendi, Ibram X. 2019. *How to Be an Antiracist*. One World.
- King, Martin Luther, Jr. 2003. *A Testament of Hope: The Essential Writings and Speeches*. HarperOne.
- King, Martin Luther, Jr. 2010. *Strength to Love*. Fortress.
- Kivel, Paul. 2017. *Uprooting Racism: How White People Can Work for Racial Justice*. New Society.
- McCall, Nathan. 2011. *Makes Me Wanna Holler: A Young Black Man in America*. Vintage.
- Saad, Layla F. 2020. *Me and White Supremacy: Combat Racism, Change the World, and Become a Good Ancestor*. Sourcebooks.
- Wilkerson, Isabel. 2020. *Caste: The Origins of Our Discontents*. Random House.
- Woodson, Carter Godwin. 2018. *Mis-Education of the Negro*. Martino.
- X, Malcolm, and Alex Haley. 1965. *The Autobiography of Malcolm X*. Grove.

Relationships

- Holderread Heggen, Carolyn. 1993. *Sexual Abuse in Christian Homes and Churches*. Herald.
- Johnson, Sue. 2008. *Hold Me Tight: Seven Conversations for a Lifetime of Love*. Little Brown.
- Johnson, Sue. 2013. *Love Sense: The Revolutionary New Science of Romantic Relationships*. Little Brown.

* Books by Anabaptist authors

Sexuality

Anonymous. 2018. *Seeking Sexual Integrity: Stories of Men and Pornography*. Mennonite Men.* (download from <https://MennoniteMen.org>)

Boshart, David. 2003. *Sex and Faith: Celebrating God's Gifts*. Faith & Life Resources.*

Gehman Peachey, Linda. 2013. *Pornography Lies, Truth and Hope*. Mennonite Central Committee.* (download from <https://MennoniteMen.org>)

Grimsrud, Ted, and Mark Thiessen Nation. 2008. *Reasoning Together: A Conversation on Homosexuality*. Herald.*

Hirsch, Debra. 2015. *Redeeming Sex: Naked Conversations about Sexuality and Spirituality*. IVP.

King, Michael A., ed. 2007. *Stumbling toward a Genuine Conversation on Homosexuality*. Cascadia, 2007.*

Kraus, C. Norman, ed. 2001. *To Continue the Dialogue: Biblical Interpretation and Homosexuality*. Pandora.*

Kreider, Roberta Showalter, ed. 2002. *Together in Love: Faith Stories of Gay, Lesbian, Bisexual, and Transgender Couples*. Strategic.*

Mennonite Church, and General Conference Mennonite Church. 1985. *Human Sexuality in the Christian Life: A Working Document for Study and Dialogue*. Faith & Life.*

Nelson, James. 1988. *The Intimate Connection: Male Sexuality, Masculine Spirituality*. Westminster.

Otto, Tim. 2014. *Oriented to Faith: Transforming the Conflict over Gay Relationships*. Cascade.*

Rolheiser, Ronald. 2014. *The Holy Longing: The Search for a Christian Spirituality*. Image.

Sanders, Cody J., ed. 2013. *Rightly Dividing the Word of Truth: A Resource for Congregations on Sexual Orientation and Gender Identity*. Baptist Peace Fellowship of North America.

Smedes, Lewis B. 1994. *Sex for Christians: The Limits and Liberties of Sexual Living*. Eerdmans.

VanderWal-Gritter, Wendy. 2014. *Generous Spaciousness: Responding to Gay Christians in the Church*. Brazos.

Spirituality

See "Resources for Spiritual Growth" on the next page.

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