

# Living that Matters in Retirement



**This gathering is geared for men contemplating retirement, recently starting retirement, and for men who have been retired for significant periods of time.**

## Participants will:

- Examine habits for a healthy retirement
- Define “doing” and “being”
- Set goals for this life stage beyond financial matters
- Find purpose in and beyond “work”

## Sessions together

1. Opening Conversations
2. Trading FOMO for NOMO
3. Turning in Your Key
4. Taking on Your Mantle

This retreat will include gatherings with focused conversations, meaningful rituals, and delicious meals together. There will also be time for solitude in the rolling hills, meadows, and woods of The Hermitage.

**Come and experience a company of brothers seeking a meaningful life that matters in retirement.**

**Led by Leon Bauman**, a retired school teacher and school counselor whose life work has been mentoring young people, planting seeds of hope and possibility. A recurrent question in his journey is, “How can painful experiences be transformed and reframed?” He has completed the Men’s Rites of Passage with Illuman and is actively engaged in his community, Mennonite Action, and co-leading a men’s group at Assembly Mennonite Church in Goshen, Indiana.

**October 18-19, 2024 | 5pm - 4:30pm**  
**The Hermitage, Three Rivers, MI**

**Cost:** Suggested donation range of \$120-150. (Includes room, meals, and *Living that Matters: Honest Conversations for Men of Faith*)

**Registration:** [bit.ly/LTM\\_Retirement](https://bit.ly/LTM_Retirement)  
Register by September 15. Limited to the first 12 registrations with a \$50 deposit.



**Mennonite Men**  
Engaging men to grow, give and serve